

**ASSOCIATION OF  
RATIONAL EMOTIVE  
BEHAVIOURAL  
THERAPY**

Registered in England  
Company No: 04441094



## **REBT/CBT SUPERVISORS LIST**

### **Introduction**

**The Association for Rational Emotive Behaviour Therapy (AREBT) now has an accreditation system specifically for REBT supervisors and REBT trainers.**

**However, to enable REBT supervision coverage in the UK at this time, AREBT includes on the supervisor list below, practitioners with a variety of relevant qualifications and experience.**

**All the following REBT/CBT Supervisors  
have achieved one or more of Criteria 1 to 5.**

1. Achieved AREBT Accredited Supervisor status.
2. Albert Ellis Supervisors training certificate (attained from AEI, New York).
3. Recognised (UK) Primary, Advanced or Diploma Qualification in Supervision. Having attained such a qualification REBTers can be **Associate** Members of AEI. However, additional training is needed to become an AEI Certified REBT Supervisor as in 1 above.
4. In addition many practicing supervisors also seek **Accreditation** as Supervisors from Associations such as BACP (needs to be CBT based for our register) and BABCP
5. Are recognised as having extensive experience of **Training & Supervision** of students within REBT and CBT fields

In addition some have also evidenced criteria **6 & 7**

6. Are recognised '**Course Designers/Practitioners**' of REBT Training courses for students up to MSc level and/or offer CPD courses to REBT Therapists.
7. Are recognised **Authors** of REBT e.g. Articles; Books; Journals; Student Training Manuals.

**All Supervisors of AREBT must also engage in regular supervision, carry professional indemnity and public liability insurance and agree to abide by the AREBT code of ethics & practice**

Visit our website <http://www.arebt.org> to read these codes

**SUPERVISORS (in Alphabetical order)**

Name: **RAMEEZ ALI**

**AEI CERTIFICATED REBT SUPERVISOR  
AREBT ACCREDITED THERAPIST**

**Supervisor Qualifications:** AEI SUPERVISOR 2009.

**Details of Supervisory Practice** REBT and CBT for qualified therapists and students

**Contact Tel No:** 07973800909

Contact Email - [rameez.ali@gmail.com](mailto:rameez.ali@gmail.com)

**Times/Days of Supervision Contact - availability:** Monday – Saturday (London)

Name: **JOHN BLACKBURN**

**AREBT ACCREDITED THERAPIST**

**Supervisor Qualifications:** Offers Supervision to students/individual therapists from MSc in REBT at Goldsmiths; MSc in CBT at Derby University and Group supervision of trainees from CBT post-graduate courses at Sheffield Hallam University.

**Details of Supervisory Practice:** Currently offers both individual & group supervision for trainees & Individual therapists practicing REBT/CBT

**Contact Tel No:** 07747596508      **Best time to call**      Daytime

**Times of supervision Contact availability**      Daytime

Name: **AUDREY DUDMAN**

**BACP ACCREDITED THERAPIST**

**Supervisor Qualifications:** Diploma in Supervision

**Details of Supervisory Practice:** CBT/REBT for qualified therapists & students

**Contact Tel No:** 07956 478636      **Best times to call**      Daytime

**Times of supervision Contact availability**      Varied

Name: **WINDY DRYDEN**

**AEI CERTIFIED SUPERVISOR;**

**AREBT SENIOR ACCREDITED THERAPIST**

**BABCP ACCREDITED THERAPIST**

**REBT TRAINER/COURSE DIRECTOR MsC REBT**

**Supervisor Qualifications:** Supervisor AEI

**Details of Supervisory Practice:** REBT individual/group

**Contact Tel No:** 020 7486 3034      **mobile** 07971 214196

**Times/Days of Supervision Contact -** By negotiation.

Name: **NOREEN EMMANS**

**AREBT ACCREDITED THERAPIST**

**Supervisor Qualifications:** MSc REBT

**Details of Supervisory practice:** Offers REBT supervision for students

**Contact Tel No:** 07976 546382

**Times/Days of Supervision Contact - availability:** Morning - afternoons

Name: **GLADEANA McMAHON**

**BACP, BABCP, & AREBT ACCREDITED THERAPIST**

**Supervisor Qualifications:** BACP Accredited Supervisor.

**Details of Supervisory Practice:** CBT/REBT/MULTIMODAL

**Contact Tel No:** 020 8852 4854

**Times/Days of Supervision Contact -** Varied.

Name: **MICHAEL NEENAN**

**AREBT SENIOR ACCREDITED & BABCP ACCREDITED THERAPIST**

**REBT TRAINER**

**Supervisor Qualifications:** Extensive experience in offering Supervision to students/individual therapists from MSc in REBT at Goldsmiths

**Details of supervisory Practice:** CBT/REBT students and practicing Therapists.

**Contact Tel No:** 01245 468262

**Best time to call -** evenings.

Name: **PROF STEPHEN PALMER**

**AREBT ACCREDITED SUPERVISOR  
AEI CERTIFIED SUPERVISOR  
AREBT ACCREDITED TRAINER  
AREBT & BABCP ACCREDITED THERAPIST**

**Supervisor Qualifications:** AEI Certified Supervisors Course (1995)

**Details of Supervisory Practice** REBT and CBT for qualified therapists and students

**Contact Email:** [dr.palmer@btinternet.com](mailto:dr.palmer@btinternet.com)

**Times/Days of Supervision Contact - availability:** Daytime Mon-Fri (Kent)

Name: **MEIR STOLEAR**

**BABCP ACCREDITED THERAPIST  
AREBT ACCREDITED THERAPIST**

**Supervisor Qualifications:** PgC in clinical supervision from University of Derby (2006)

**Details of Supervisory Practice** REBT and CBT for qualified therapists and students

**Contact Tel No:** 07900 258207, 01438 364638

**Times/Days of Supervision Contact - availability:** Mondays all day (London) Friday all day (Stevenage, Herts.)

Name: **IRENE TUBBS**      **AREBT FELLOW**

**AREBT SENIOR ACCREDITED THERAPIST**  
**ACCREDITED REBCOACH**

**Supervisor Qualifications:** Certificate in Supervision

**Details of Supervisory Practice:** CBT/REBT/MMT/Stress management for qualified therapists and students

**Contact Tel No:** 01322 862158

**Times/Day of Supervision Contact-availability:** Varied

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