

**ASSOCIATION OF
RATIONAL EMOTIVE
BEHAVIOURAL
THERAPY**

Registered in England
Company No: 04441094



REBT/CBT SUPERVISORS LIST

Introduction

The Association for Rational Emotive Behaviour Therapy (AREBT) now has an accreditation system specifically for REBT supervisors and REBT trainers. However, to enable REBT supervision coverage in the UK, AREBT includes on the supervisor list below, practitioners with a variety of relevant qualifications and experience.

All the following REBT/CBT Supervisors have achieved one or more of Criteria 1 to 5.

1. Achieved AREBT Accredited Supervisor status.
2. Albert Ellis Supervisors training certificate (attained from AEI, New York).
3. Recognised (UK) Primary, Advanced or Diploma Qualification in Supervision. Having attained such a qualification REBTers can be **Associate Members** of AEI. However, additional training is needed to become an AEI Certified REBT Supervisor as in 1 above.
4. In addition many practicing supervisors also seek **Accreditation** as Supervisors from Associations such as BACP (needs to be CBT based for our register) and BABCP
5. Are recognised as having extensive experience of **Training & Supervision** of students within REBT and CBT fields

In addition some have also evidenced criteria **6 & 7**

6. Are recognised '**Course Designers/Practitioners**' of REBT Training courses for students up to MSc level and/or offer CPD courses to REBT Therapists.
7. Are recognised **Authors** of REBT e.g. Articles; Books; Journals; Student Training Manuals.

All Supervisors of AREBT must also engage in regular supervision, carry professional indemnity and public liability insurance and agree to abide by the AREBT code of ethics.

Visit our website <http://www.arebt.org> to read these codes

SUPERVISORS (in Alphabetical order)

Name: **JOHN BLACKBURN AREBT ACCREDITED
THERAPIST**

Supervisor Qualifications: Offers Supervision to students/individual therapists from MSc in REBT at Goldsmiths; MSc in CBT at Derby University and Group supervision of trainees from CBT post-graduate courses at Sheffield Hallam University.

Details of Supervisory Practice: Currently offers both individual & group supervision for trainees & Individual therapists practicing REBT/CBT

Contact Tel No: 01142718699 **Best time to call** Daytime

Times of supervision Contact availability Daytime .

Name: **AUDREY DUDMAN BACP ACCREDITED
THERAPIST**

Supervisor Qualifications: Diploma in Supervision

Details of Supervisory Practice: CBT/REBT for qualified therapists & students

Contact Tel No: 07956 478636 **Best times to call**
Daytime

Times of supervision Contact availability Varied

Name: **WINDY DRYDEN** **AEI CERTIFIED SUPERVISOR; AREBT &
BABCP ACCREDITED THERAPIST**

Supervisor Qualifications: Supervisor AEI

Details of Supervisory Practice: REBT individual/group

Contact Tel No: 020 7486 3034 **mobile** 07971 214196

Times/Days of Supervision Contact - By negotiation.

Name: **NOREEN EMMANS** **BABCP ACCREDITED
THERAPIST**

Supervisor Qualifications: MSc REBT

Details of Supervisory practice: Offers REBT supervision for students

Contact Tel No: 07976 546382

Times/Days of Supervision Contact - availability: Morning - afternoons

Name: **GLADEANA McMAHON** **BACP, BABCP, AREBT
ACCREDITED THERAPIST**

Supervisor Qualifications: BACP Accredited Supervisor. Supervision and Consultation Course, Maudsley Hospital.

Details of Supervisory Practice: CBT/REBT/MULTIMODAL

Contact Tel No: 020 8852 4854

Times/Days of Supervision Contact - Varied.

Name: MICHAEL NEENAN

AREBT & BABCP

ACCREDITED THERAPIST

Supervisor Qualifications: Extensive experience in offering Supervision to students/individual therapists from MSc in REBT at Goldsmiths

Details of supervisory Practice: CBT/REBT students and practicing Therapists.

Contact Tel No: 01245 468262

Best time to call - evenings.

Name: PROF STEPHEN PALMER AREBT ACCREDITED

SUPERVISOR; AEI

CERTIFIED REBT

SUPERVISOR; AREBT

ACCREDITED TRAINER;

AREBT & BABCP

ACCREDITED THERAPIST.

Supervisor Qualifications: AEI Certified Supervisors Course (1995)

Details of Supervisory Practice REBT and CBT for qualified therapists and students

Contact Email: dr.palmer@btinternet.com

Times/Days of Supervision Contact - availability: Daytime Mon-Fri (Kent)

Name: **MEIR STOLEAR**

**BABCP ACCREDITED
THERAPIST**

Supervisor Qualifications: PgC in clinical supervision from University of Derby (2006)

Details of Supervisory Practice REBT and CBT for qualified therapists and students

Contact Tel No: 07900 258207, 01438 364638

Times/Days of Supervision Contact - availability: Mondays all day (London) Friday all day (Stevenage, Herts.)

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