

**ASSOCIATION FOR
RATIONAL EMOTIVE
BEHAVIOURAL THERAPY**

**Registered in England
Company No: 04441094**



Whilst anyone interested in the field of **Rational Emotive Behavioural Therapy** can become an Affiliate or Associate member of the Association, only the following **REBT THERAPISTS** can become **Full Members i.e. MAREBT**. All the following members **have** attained **one** or more of the following **qualifications** and are **recognised** by the **Association** as **qualified** to offer their services to the general public.

Member's details will show one or more of the following **letters** after their name:

1. **AREBT Accredited**
2. **BABCP Accredited** or Equivalent recognised body of Psychological attainment i.e. **BPS; BACP** etc
3. **UKCP** registered
4. Individual member of **MAREBT** who has completed core training in REBT.

Members who satisfy AREBT Membership Criteria 1 & 2 are deemed to have demonstrated a recognised **advanced level** of practice and study (indicated with **ACCREDITED** status next to their names). Once Accredited, members can also become United Kingdom Council for Psychotherapy (UKCP) registered.

To attain Accredited status an REBTer must have already evidenced receiving **either** a pre-existing training in a professional area such as clinical/counselling psychology, occupational therapy, psychiatry or counselling etc **or** have successfully completed counselling or psychotherapy courses that amount to a further 220 hours (contact time) of training consisting of major courses (i.e. over 75 hours in length), in addition to the list below.

- Have received 200 hours core training in REBT
- Have completed 200 hours of supervised clinical practice
- Be receiving on-going monthly supervision in REBT.
- Is required to demonstrate Continuing Professional Development through five yearly logs made up of a minimum of 30hrs per annum

Key:

AEI: Albert Ellis Institute

AREBT: Association for Rational Emotive Behaviour Therapy

MAREBT: Member of the Association for Rational Emotive Behaviour Therapy

FAREBT: Fellow of the Association for Rational Emotive Behaviour Therapy

BABCP: British Association for Behavioural & Cognitive Psychotherapies

BACP: British Association for Counselling & Psychotherapy

CPsychol: Chartered Psychologist

UKCP: United Kingdom Council Psychotherapy

All members must also engage in regular supervision, carry professional indemnity and public liability insurance and agree to abide by the AREBT code of ethics. Visit our website <http://www.arebt.org> to read these codes

THERAPISTS LIST IN GEOGRAPHICAL - ALPHABETICAL LISTING

BUCKINGHAMSHIRE

Name: **GILLIAN GARRETT**

MAREBT: AREBT ACCREDITED

UKCP REGISTERED

Contact Tel No: 07710 524465

Best times to call: **EVENING**

Times of Client Contact availability **anytime**

Fees available on request

BERKSHIRE

Name: **GREG SCOTT**

MAREBT: BACP ACCREDITED

Contact Tel No: 07985967262

Best times to call: **EVENING**

Times of Client Contact availability **EVENINGS**

Fees available on request

CHESHIRE

Also work in **Derbyshire and Nottinghamshire**

Name: **NIGEL PUGH**

MAREBT

Contact Tel No : 07709 428860

Website is www.ChoiceWorx.com or
email Nigel@ChoiceWorx.com

Best times to call: Anytime before 8pm

Times of Client Contact availability variable.

Fees available on request

DORSET

Name: **FRANK SMITH**

**BACP -NRAH & AREBT ACCREDITED
UKRC (Registered) MAREBT -BABCP**

Contact Tel No: 07799410468

E-mail - frank@counsellor.org.uk Website – www.counsellor.org.uk

Times of Client Contact/availability Client contact available on mobile all day +
evenings mon - fri (answerphone always on).

Fees: on request

ESSEX

(ALSO PRACTICES IN LONDON)

Name: **LORRAINE BARREAU**

**AREBT & BABCP ACCREDITED
UKCP REGISTERED**

Contact Tel No: 07967 560970

Best times to call: ANYTIME

Times of Client Contact availability: MON-FRI

Fees available on request

ESSEX

Name: **PAM SAUNDERS-WARD**

**MAREBT: AREBT ACCREDITED
UKCP REGISTERED**

Contact Tel No: 01376 572 777

Best times to call: 24 hour service

Times of Client Contact availability Morning: Afternoon: Saturday:

Fees: available on request

ESSEX

Name **TREVOR MATHEWS** **MAREBT; AREBT & BABCP ACCREDITED**

Contact Tel No . 01277 634817 or 0794 172 5293

Best times to call.....24hr Answer phone

Times of Client Contact availability

Morning..... Afternoon.... Evening.... Fees on request

Fees: available on request

GLOUCESTERSHIRE

Name **ANGELA NORWORD** **MAREBT; BABCP & AREBT ACCREDITED
UKCP REGISTERED**

Contact Tel No: 01386 430205 **Best times to call** Morning/afternoon

Times of Client Contact availability Am/pm weekdays

Fees: available on request

HAMPSHIRE

Name: **FRANK SMITH** **BACP - NRAH & AREBT ACCREDITED
UKRC (Registered) MAREBT -BABCP**

Contact Tel No: 07799410468

E-mail - frank@counsellor.org.uk Website – www.counsellor.org.uk

Times of Client Contact/availability Client contact available on mobile all day + evenings mon - fri (answerphone always on).

Fees: on request

HAMPSHIRE

Name **RON MELDRUM**

MAREBT; BABCP ACCREDITED

Contact Tel No: 07743901122

Best times to call Anytime.

Times of Client Contact availability

Evening

Fees: available on request

HAMPSHIRE

Name **JACQUELINE SMITH**

MAREBT; BACP ACCREDITED

Contact Tel No: 07793 198447

Best times to call Anytime.

Times of Client Contact availability

Fees: available on request

HERTSFORDSHIRE:

Name: **MEIR STOLEAR**

MAREBT; BABCP & AREBT ACCREDITED

Contact Tel No: 07900 258207

Times of client Contact availability Day & Evenings.

Fees: available on request

KENT

Name: **NOREEN EMMANS**

**MAREBT; BACP & AREBT ACCREDITED
UKCP REGISTERED**

Tel: 01227 362220

**Best time to call: Mornings Is available on
mobile at other times: 07976 546382**

Client spaces available: Mornings except Fridays - Saturdays am Friday - Eve

Fees: available on request

KENT

Name **IRENE TUBBS**

**AREBT; BABCP & BACP ACCREDITED
UKCP REGISTERED**

Contact Tel No: 01322 862158
available.

Best times to call anytime – answer service

Times of Client Contact availability Morning/Afternoon Tues & Thurs
Evenings - Monday & Wednesday only

Fees: on request

website: www.optimumwellbeing.org.uk

KENT (SURREY)

Name **MICHAEL COHEN**

MAREBT

Contact Tel No: 020 8642 9187

Best times to call. 9 to 5pm

Times of Client Contact availability Morning Afternoon Saturday

Fees: available on request

LEICESTERSHIRE

Name **CHRISTOPHER HEVEY**

MAREBT; AREBT ACCREDITED

Contact Tel No: 07799546854.& 0116 2849330

Best times to call evenings

Times of Client Contact availability Morning..... Afternoon.... Evening
.from 6pm... Saturday. 10 till 2 pm...

Fees: available on request

LONDON REGION

Name **RAMEEZ ALI**

MAREBT; AREBT ACCREDITED

UKCP REGISTERED

Contact Tel No: 07973 800 909

Times of Client Contact - availability

Tuesday, Thursday , Friday evenings and Saturday afternoons in my Maida Vale or Marble Arch venues.

Fees: available on request

LONDON REGION

Name: **LORRAINE BARREAU**

**AREBT & BABCP ACCREDITED
UKCP REGISTERED**

Contact Tel No: 07967 560970

Best times to call: ANYTIME

Times of Client Contact availability: MON-FRI

Fees available on request

LONDON REGION

Name **DENNIS R BURY**

MAREBT; CPsychol: BABCP ACCREDITED

Contact Tel No. 020 8348 9181.

Times of Client Contact availability Morning Afternoon Evening weekdays

Fees: available on request

LONDON REGION

Name: **Dr. PATRIZIA COLLARD**

**MAREBT; BABCP ACCREDITED
UKCP REGISTERED**

Contact Tel No: 07941544958

website: www.stressminus.co.uk

Best time to call: daytime

Times of Client contact availability: Morn/Aft/eve & occasional Saturdays

Fees: available on request

LONDON REGION

Name: **THELMA DABOR**

**MSc REBT AREBT & BABCP
ACCREDITED
UKCP REGISTERED**

Contact no.: 07779413031 Best times to call: Evenings

Time of Clients contact availability: Saturday

Fees: available on request

LONDON REGION

Name VANESSA COOLING

MAREBT; MSc REBT

Contact Tel No: 07917061284

Best times to call: between 9am – 5pm

Times of Client Contact availability Wed/Thurs Evenings & Saturday

Fees: available on request

LONDON REGION

Name Dr. M. SMITH

MAREBT; CPsychol

Contact Tel No: 07952 907 908

Best times to call: between 9am – 5pm

Times of Client Contact availability Morning Afternoon Evening Saturday

Fees: available on request

LONDON REGION

Name: PROFESSOR WINDY DRYDEN **FAREBT; AREBT & BABCP
Accredited; UKCP Registered**

Contact No: 07971 214196

Best time to call: Business hours

Client contact availability: Wed/Thurs: 10am - 5pm

Fees available on request.

LONDON REGION

Name. GLADEANA McMAHON **AREBT; BACP & BABCP ACCREDITED
UKCP REGISTERED**

Contact Tel No: 020 8852 4854.

Best times to call. Anytime – answering service
if not personally available

Times of Client Contact availability Morning Afternoon. Evening Saturday

Fees: available on request

LONDON REGION

Name **DEBORAH MALKI**

MAREBT; AREBT ACCREDITED

Contact Tel No: 07960-186344

Best times to call daytime

Times of Client Contact availability

Morning

Afternoon

Fees: available on request

LONDON REGION

Name: **IAN MARTIN**

**AREBT ACCREDITED UKCP REGISTERED
FULL MEMBER OF BSCH**

Contact Tel No: 07976 700808

Call anytime – answerphone available

Practise times: Monday 2 - 6pm

Central London

Wednesday 9am - 6pm

Roehampton & Central London

Friday 9am - 6pm

Kew & Central London

Fees on request:

website: www.ianseph.com

LONDON REGION & KENT

Name **PROFESSOR STEPHEN PALMER**
UK Centre for REBT &
Centre for Stress Management.

PhD CPsychol; CSci;
FAREBT;
AREBT & BABCP
ACCREDITED; AEI
CERTIFIED REBT
SUPERVISOR: AREBT
ACCREDITED TRAINER;
AREBT ACCREDITED
SUPERVISOR;
UKCP REGISTERED

Contact Tel No: 0208 228 1185

Best times to call...10.00 am - 4.45pm Monday
to Friday

Email: dr.palmer@btinternet.com

Websites: www.managingstress.com

http://www.centresofexpertise.com/page_1218476501573.html

Times of Client Contact availability: as above

Fees: available on request

LONDON REGION

Name **PETER RUDELL BA(Hons)** **FAREBT; AREBT & BABCP**
Centre for Stress Management, Bromley, Kent **ACCREDITED UKCP REGISTERED**

Contact Tel No: 0208 228 1185 **Best times to call...**10.00 am - 4.45pm Monday
Email: ruddell@btinternet.com to Friday

Times of Client Contact availability: as above

Fees on request:

LONDON REGION

Name: **ROBERTA GALLUCCIO RICHARDSON,**
Ph.D. CPsychol; AREBT
ACCREDITED and UKCP
registered; American Psychological
Association (APA);Faculty member
Certified REBT supervisor both in the
USA and UK

contact number : 07733 089223
best times to call 10:00 am to 5:00 pm mon-fri
Fees on request:

LONDON REGION

Name **IRENE TUBBS** **AREBT; BABCP & BACP ACCREDITED**
UKCP REGISTERED

Contact Tel No: 01322 862158 **website:** www.optimumwellbeing.org.uk

Best times to call anytime – answer service available.

Times of Client Contact availability Morning Afternoon (weekdays)
Monday & Wednesday evenings only

NORFOLK

Name **TED WALLACE** **MAREBT; AREBT Accred**
UKCP REGISTERED

Contact Tel No 01263 761667

Best time to call: evenings or leave - answerphone message

Times of client availability am / pm **Fees available on Request:**

EAST SUSSEX

Name **CHERYLL MEIKLE**

**MSc REBT; MAREBT;
BABCP ACCREDITED
UKCP REGISTERED**

Contact Tel No: 01323 897418 **Best times to call** EVENINGS

Times of Client Contact availability Evenings

Fees available on Request:

SUFFOLK

Name. **SARAH KAMKE**

MAREBT

Contact Tel No.:01728 627 960

Best times to call....ANYTIME

Times of Client Contact availability Mornings/afternoons

Fees available on Request:

SURREY

Name **PETER BRYAN**

MAREBT; BABCP ACCREDITED

Contact Tel No: 07976245293

Best times to call. Evenings

Times of Client Contact availability – on request

Fees available on Request:

SHEFFIELD

Name **JOHN BLACKBURN**

**MAREBT; AREBT/BABCP
ACCREDITED: UKCP REGISTERED**

Contact Tel No.: 01142718699

Best times to call Daytime

Times of Client Contact availability Daytime .

Fees: On request

SOUTH WALES

SWANSEA (AND SURROUNDING AREAS)

Name **PAUL JONES** **AREBT ACCREDITED**

Contact Tel No.: 01792 637668 or mobile 07892947305

Best times to call....10.00am - 4.00pm.

Times of Client Contact availability Evenings. Saturday

Fees available on Request:

WEST MIDLANDS

Name **STEPHONE HUNKINS.** **MAREBT; AREBT ACCREDITED**
UKCP REGISTERED

Contact Tel No.: 07866698100

Best times to call 9- 8PM.....MONDAY - FRIDAY

Times of Client Contact availability

MONDAY, TUESDAY AND THURSDAY 9-6PM

Fees available on Request:

WILTSHIRE

Name: **IAN WONNACOTT** **MAREBT; AREBT ACCREDITED**
UKCP REGISTERED

Contact Tel No: 01793485786 **Best times to call:** anytime- answer phone

Times of Client Contact availability: **NHS REFERRALS ONLY**

Fees: n/a

Email: nwdimensions@yahoo.co.uk
